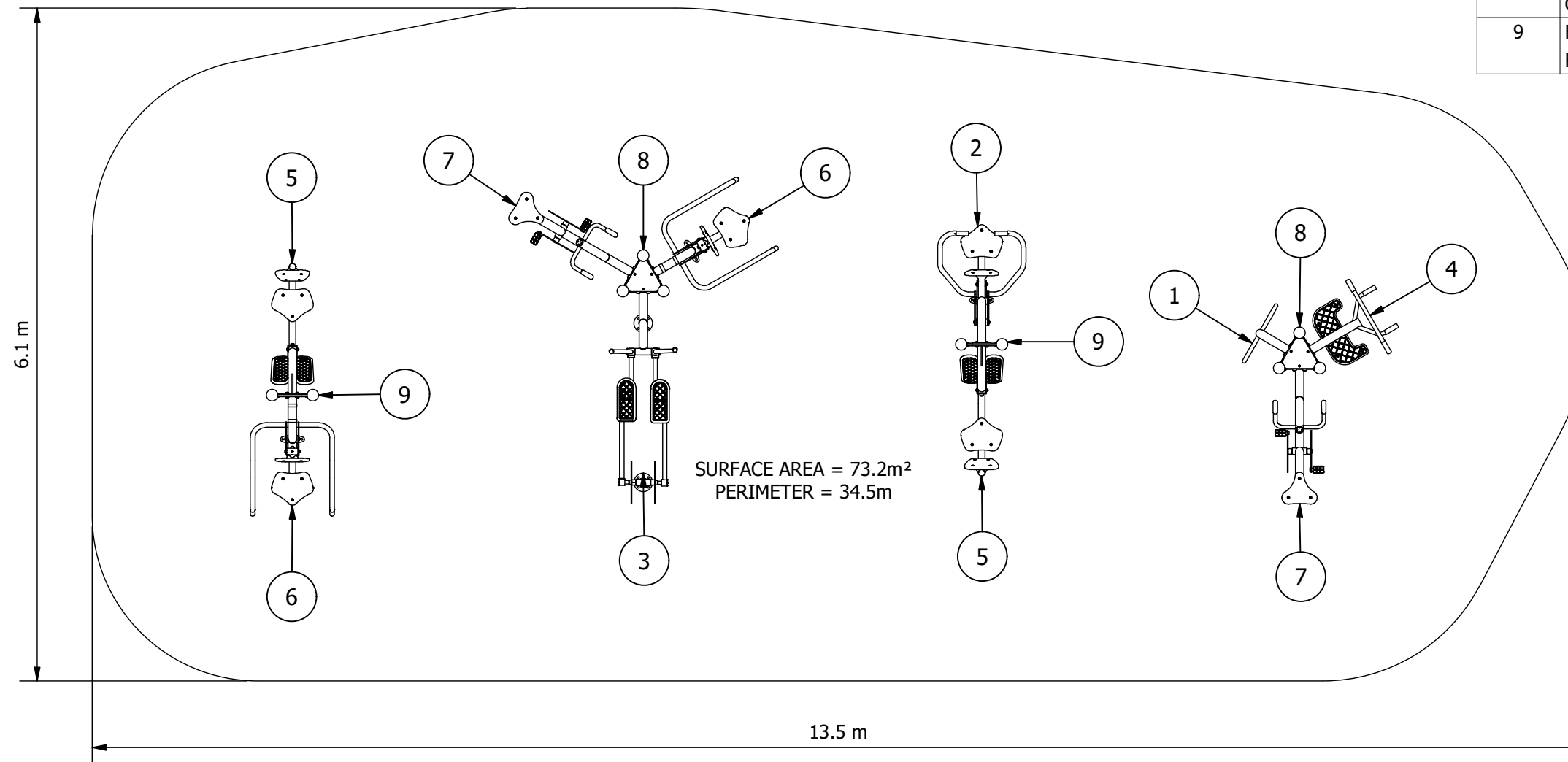


# Fit-for-Parks 10 Station Cardio & Strength Circuit



EQUIPMENT INVENTORY			
ITEM	DESCRIPTION	QTY	FHF (mm)
1	FFP Stretch Station - Common	1	N/A
2	FFP Pull Downs - I/G	1	590
3	FFP Elliptical Trainer - I/G	1	400
4	FFP Pull Ups & Leg Raises - Common	1	975
5	FFP Leg Press - Common	2	860
6	FFP Chest Press - I/G	2	580
7	FFP Aerobic Cycle - I/G	2	850
8	FFP Central Column Triple - I/G FLAT CAP	2	N/A
9	FFP Central Column Double - I/G FLAT CAP	2	N/A



Site Layout is indicative only & subject to change.  
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FITNESS DESIGN COMPLIANT  
WITH AS 16630:2021.



## Design Plan

Design No:

**DFP-0056S-C**

Drawn by: **J.M.**

Date drawn: **6/09/2022**