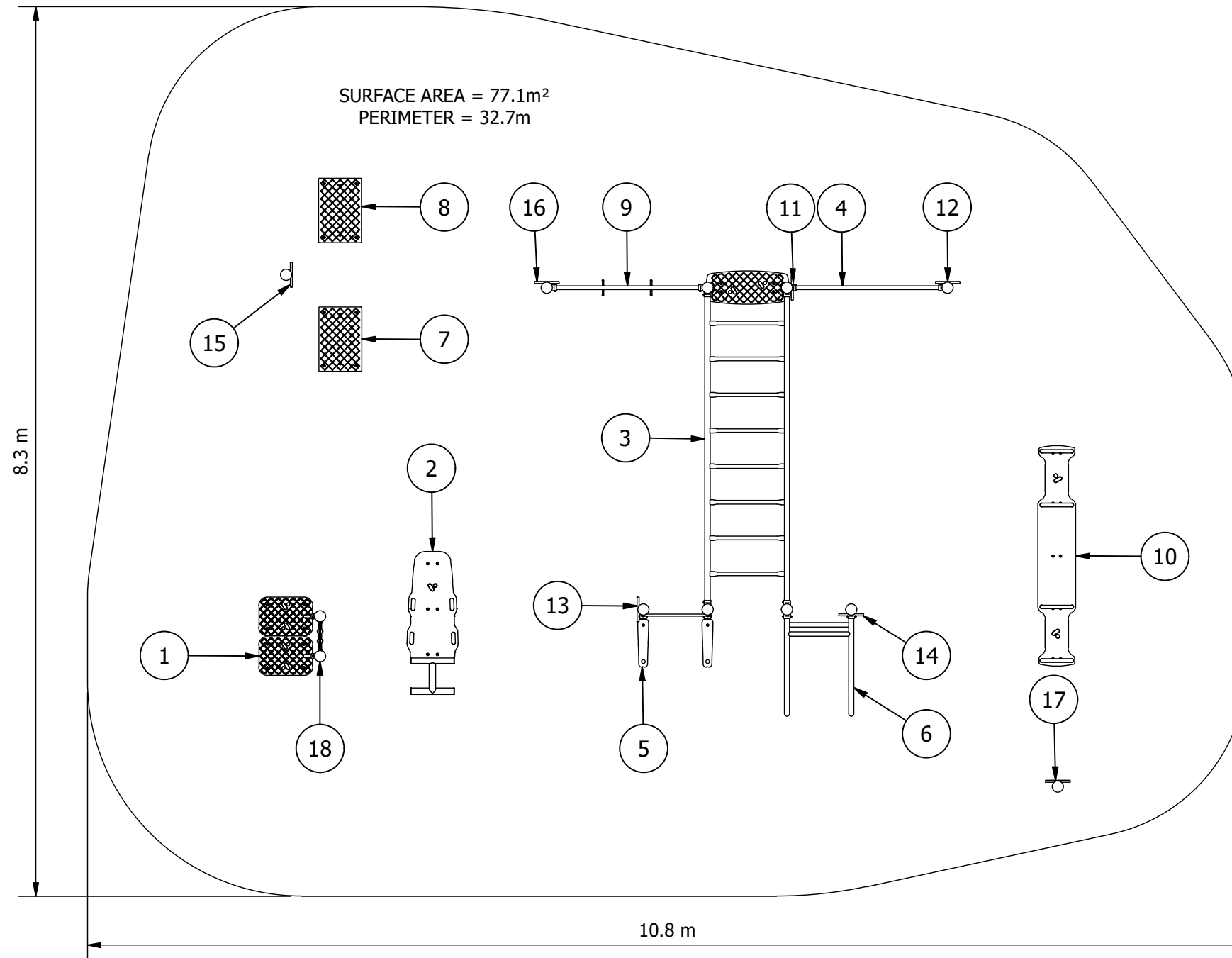


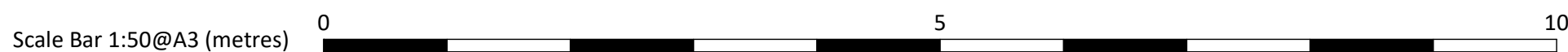
Mixed Fitness Cross Training Circuit



EQUIPMENT INVENTORY			
ITEM	DESCRIPTION	QTY	FHF (mm)
1	FFP Step Up Station 300 & 450 - I/G	1	450
2	FFP Sit Up Bench 20 Deg - I/G	1	590
3	FITX Gorilla Bars 3m with Tread	1	990
4	FITX Pull Up Bar	1	890
5	FITX Leg Raises	1	240
6	FITX Body Dips	1	225
7	FITX Box Jump 450 high - I/G	1	450
8	FITX Box Jump 600 high - I/G	1	590
9	FITX Roman Rings	1	180
10	FITX Multi Bench - I/G	1	350
11	FITX Gorilla Bars - Sign	1	N/A
12	FITX Pull Up Bars - Sign	1	N/A
13	FITX Leg Raises - Sign	1	N/A
14	FITX Body Dip - Sign	1	N/A
15	FITX Box Jumps - Sign	1	N/A
16	FITX Roman Rings - Sign	1	N/A
17	FITX Multi Bench - Sign	1	N/A
18	FFP Central Column Double - I/G FLAT CAP	1	N/A

Site Layout is indicative only & subject to change.
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FITNESS DESIGN COMPLIANT
WITH AS 16630:2021.



Design Plan

Design No: **DFM-0151S-B** | Drawn by: **J.M.**
Date drawn: **1/09/2022**