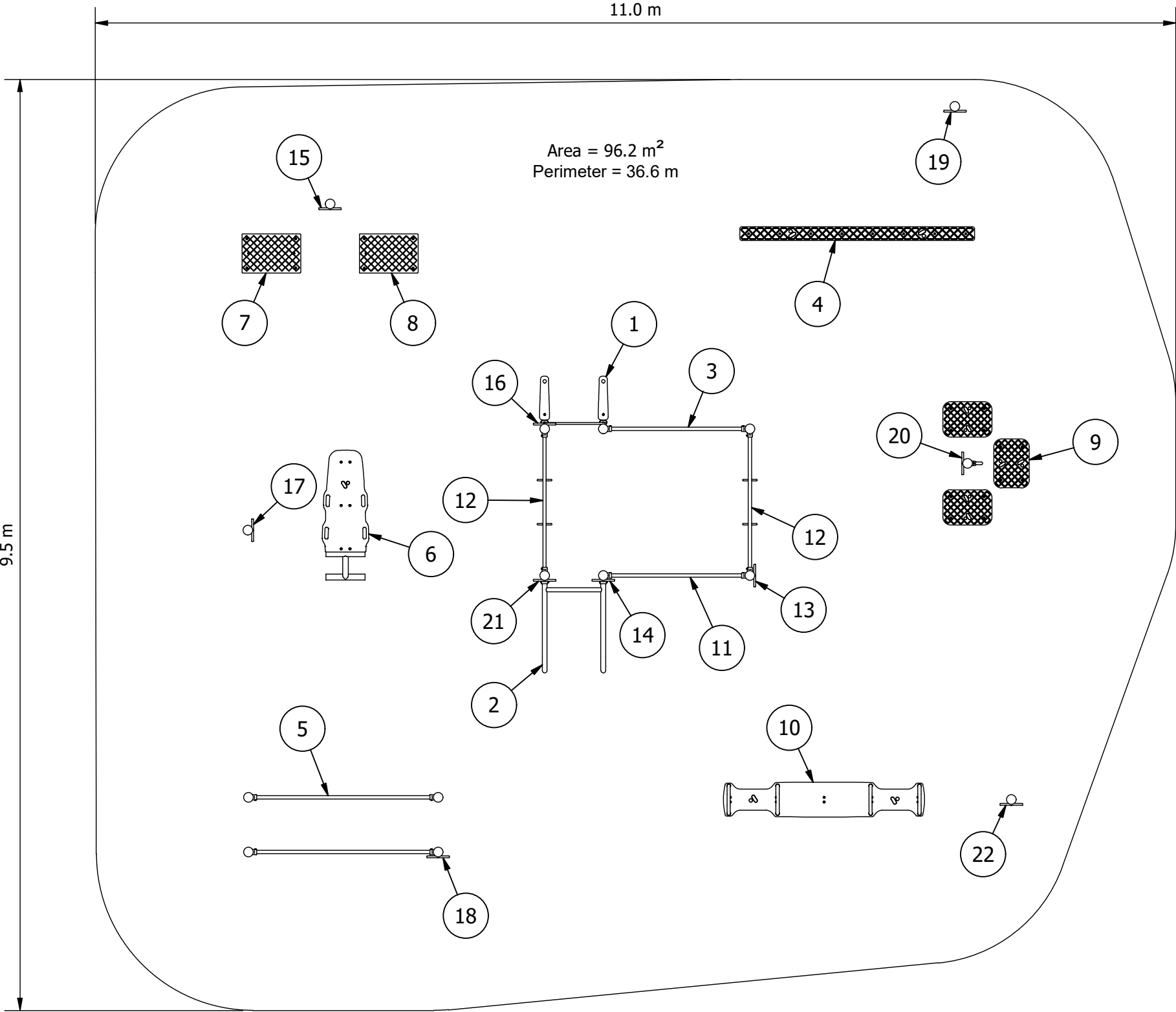


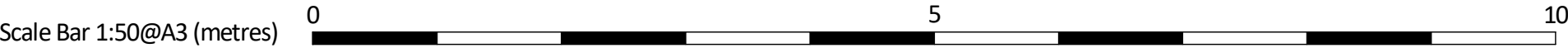
Fitness Extra
12 Station Fitness Challenge



EQUIPMENT INVENTORY			
ITEM	DESCRIPTION	QTY	FHF (mm)
1	FITX Leg Raises	1	1240
2	FITX Body Dips	1	1205
3	FITX Pull Up Bar 1900	1	1910
4	FITX Balance Beam	1	220
5	FITX Parallel Bars 990	1	1010
6	FITX Sit Up Bench 10 deg	1	590
7	FITX Box Jump 450	1	450
8	FITX Box Jump 600	1	590
9	FITX Step Up Station 150/300/450	1	450
10	FITX Multi Bench	1	350
11	FITX Pull Up Bar 2100	1	2110
12	FITX Roman Rings 1250	2	1180
13	Instruction Sign - for FITX Roman Rings	1	N/A
14	Instruction Sign - for FITX Pull Up Bars	1	N/A
15	Instruction Sign - for FITX Box Jumps	1	N/A
16	Instruction Sign - for FITX Leg Raises	1	N/A
17	Instruction Sign - for FITX Sit Up Station	1	N/A
18	Instruction Sign - for FITX Parallel Bars	1	N/A
19	Instruction Sign - for FITX Balance Beam	1	N/A
20	Instruction Sign - for FITX Step Up Station	1	N/A
21	Instruction Sign - for FITX Body Dip	1	N/A
22	FITX Multi Bench - Sign	1	N/A

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DESIGN COMPLIANT
WITH AS 4685:2014



Design plan

Design No: **DFX-0005S-C** Drawn by: **S.J**
Date drawn: **19/11/19**