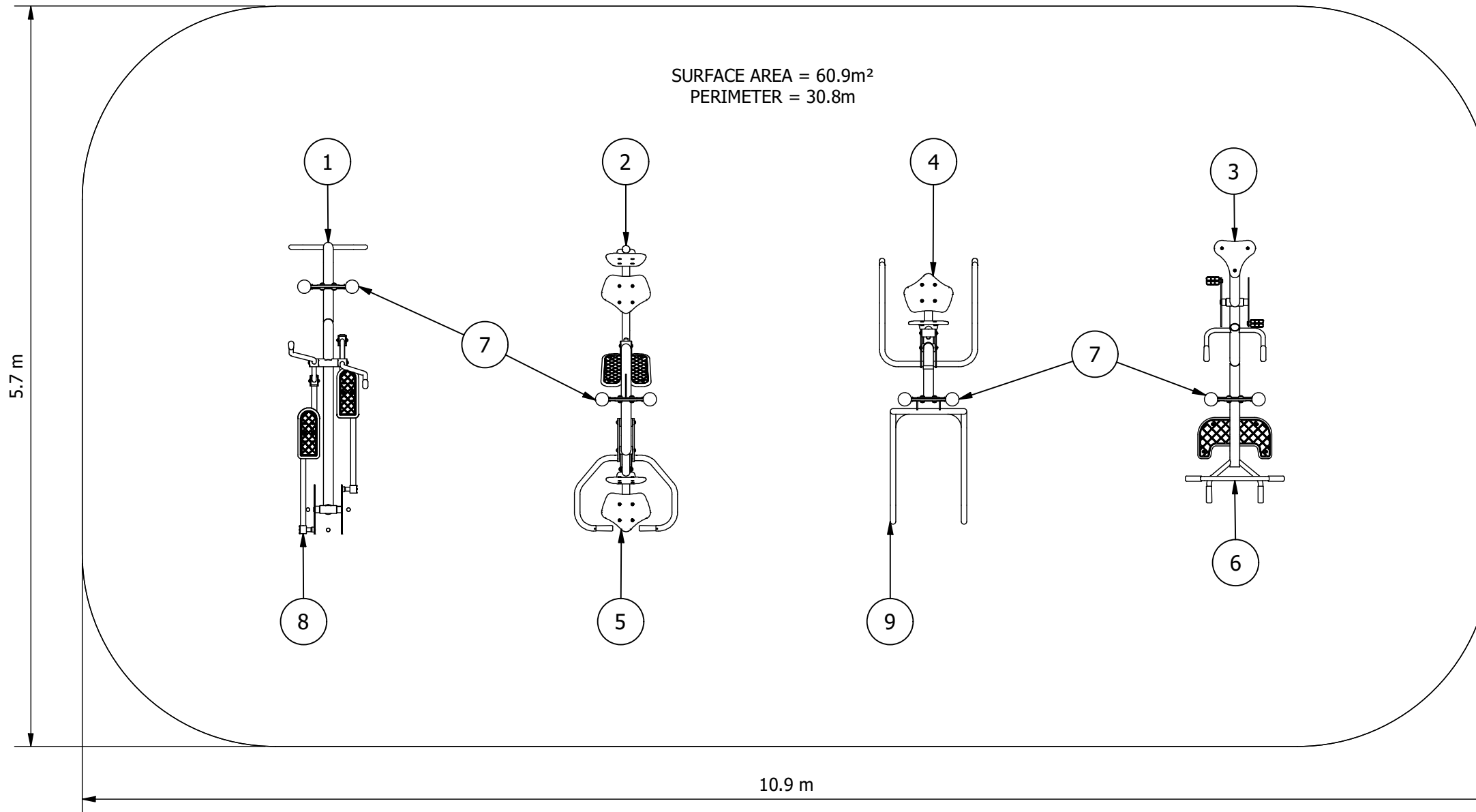


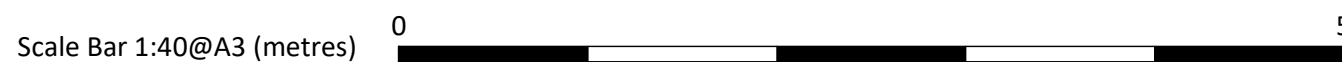
# Fit-For-Parks 8 Station Cardio & Strength Circuit



EQUIPMENT INVENTORY			
ITEM	DESCRIPTION	QTY	FHF (mm)
1	FFP Stretch Station - Common	1	N/A
2	FFP Leg Press - Common	1	860
3	FFP Aerobic Cycle - I/G	1	850
4	FFP Chest Press - I/G	1	580
5	FFP Pull Downs - I/G	1	590
6	FFP Pull Ups & Leg Raises - Common	1	975
7	FFP Central Column Double - I/G FLAT CAP	4	N/A
8	FFP Elliptical Trainer - I/G	1	400
9	FFP Body Pulls & Push Ups - Column Mount Common	1	150

Site Layout is indicative only & subject to change.  
This design is confidential & subject to Copyright.

FITNESS DESIGN COMPLIANT  
WITH AS 16630:2021.



## Design Plan

Design No:

**DFP-0060S-E**

Drawn by: **R.H.**

Date drawn: **25/03/2024**