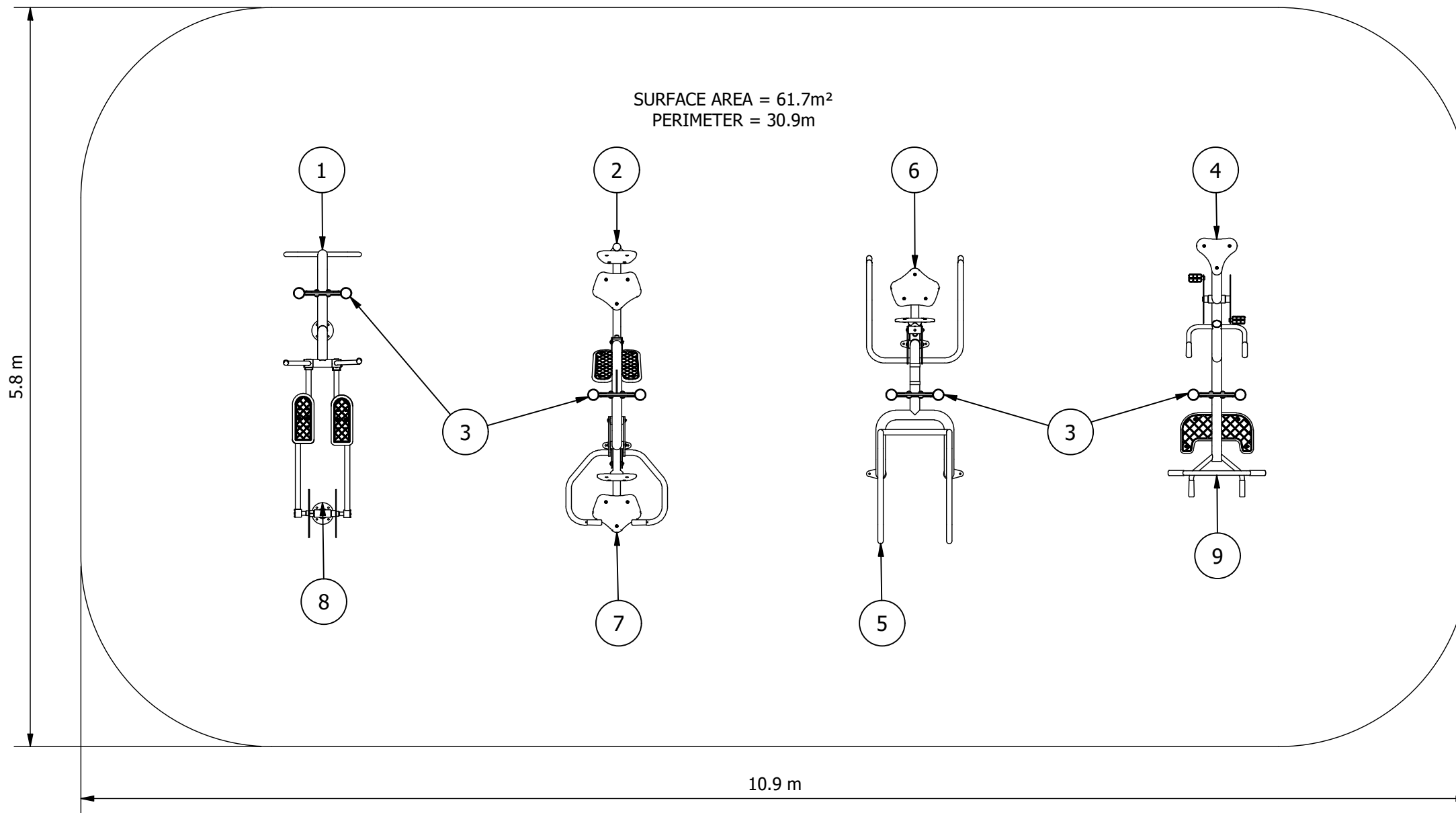


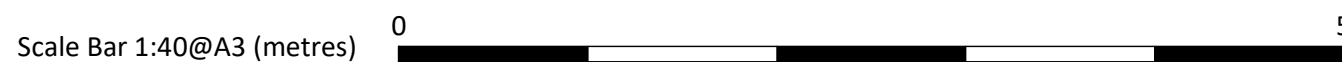
Fit-For-Parks 8 Station Cardio & Strength Circuit



| EQUIPMENT INVENTORY | | | |
|---------------------|------------------------------------|-----|----------|
| ITEM | DESCRIPTION | QTY | FHF (mm) |
| 1 | FFP Stretch Station - Common | 1 | N/A |
| 2 | FFP Leg Press - Common | 1 | 860 |
| 3 | FFP Central Column Double - I/G | 4 | N/A |
| 4 | FFP Aerobic Cycle - I/G | 1 | 850 |
| 5 | FFP Body Pulls & Push Ups - I/G | 1 | 150 |
| 6 | FFP Chest Press - I/G | 1 | 580 |
| 7 | FFP Pull Downs - I/G | 1 | 590 |
| 8 | FFP Elliptical Trainer - I/G | 1 | 400 |
| 9 | FFP Pull Ups & Leg Raises - Common | 1 | 975 |

Site Layout is indicative only & subject to change.
This design is confidential & subject to Copyright.

FITNESS DESIGN COMPLIANT
WITH AS 16630:2021.



Design Plan

Design No:

DFP-0060S-B

Drawn by: **S.J.**

Date drawn: **30/06/2021**